



**HeartStone: the Parish of
Sacred Heart and St John Stone Ainsdale**
Living the Love of Christ: everyone welcome, everyone matters, everyone involved.



Sunday 31st May 2026 - Feast of the Holy Trinity

Liturgy & Spiritual Life			Community Life & Service	
Saturday Sunday	5:30pm Mass: Joe & Chris McCann (A) 10:30am Mass: Margaret Steel 90th (B)	SH SJS	8:00pm Dance Night Hospitality after Mass	SJS Social Club SJS Lounge
Monday 1 st	09.45am Daily: Morning Prayer 10:00am Mass: Maurice Smith (LD)	SH SH	10:00am Counters 10:00am Keep Fit 1:30pm Bridge Club 2:00pm Coffee & Chat 7:45pm Ravens Fencing Club	Parish Office SH SJS Hall SH SJS Hall
Tuesday 2 nd	7:30am Ecumenical prayer group 10:00am Mass: Michael Collins (LD)	Christ Church SJS	6:30pm Bingo 7:00pm Ukelele Buddies	SH SJS Hall
Wednesday 3 rd	11:00am Holy Hour with Exposition 12noon Mass: Nancy Wharton (ILM)	SJS SJS	9:30am U3A Guitars 11:00am Place2Be Community Market 1:15pm WI	SH SJS Hall SH
Thursday 4 th	10:00am Mass: Daniel Kenny (A)	SJS	1:00-3:00pm Ainsdale Foodbank 7:30pm Octave Choir	Methodist SH
Friday 5 th	10:00am Mass: Peter Niklas (LD)	SH	10:30am Cleaners 8:00pm Quiz Night	SJS SJS Lounge

Sunday 7th June 2026

Saturday Sunday	5:30pm Mass: Sue Hulme (LD) 10:30am Mass: John McEwan (S)	SH SJS	Hospitality after Mass Hospitality after Mass Singing practice 2:30pm Octave Choir A world of Music	SH SJS Lounge SJS SH
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Parish Priest: Fr Paul Seddon

Administrator: Gary Foulds

Office hours: 08:00 – 12:30pm & 14:00 – 16:00pm Monday to Friday

Parish Office: 01704 577722

email: heartstone@rcaol.org.uk | Website: <https://heartstonerc.co.uk/> | Facebook: HeartStoneAinsdale

Sacred Heart Church
483 Liverpool Road, Ainsdale, Southport, PR8 3BP

St John Stone Church & Parish Office
7 Sandbrook Way, Woodvale, Southport, PR8 3RN

Parish Vision Team: Fr Paul, Steve Bousfield, Chris Hawkhead, Ann Rothwell, Irene Walker, Irene Gibbons, Carole Baker, Maria Parker, Paddy & Wendy Durkin.

SH Hall Bookings: cathbarry89@gmail.com 01704 573207

SJS room Bookings: heartstone@rcaol.org.uk 01704 577722

Safeguarding Contacts: safeguarding092@rcaolp.org.uk

Catholic Hospital Chaplain: If you or a loved one are in hospital, please ask a staff member to contact the Catholic Chaplain. **Foodbank:** 07768 772935

Readings for the weekend - Reflecting on the Word of God

First Reading – Exodus 34:4-6,8-9.

Moses climbed up the mountain with the two tablets of stone in his hands and tered the presence of God. God reveals himself to Moses on Mount Sinai as a God who is faithful to his promises and rich in tenderness and compassion. Instead of living in fear of God, Moses recognizes God as someone who cared for his people



Second Reading – 2 Corinthians 13:11-13.

Paul encourages the people of Corinth to live in peace and love. The Corinthians often had many differences between them, especially in the times of the early Church. Paul encouraged them to view each other as members of the one family, the family of God, and suggested that they greet each other with a holy kiss. The reading also contains a Trinitarian blessing which we often use as a greeting at Mass.

Gospel Reading – John 3:16-18.

Jesus meets Nicodemus, one of the high priests but a secret follower of the Lord. Jesus shares those famous words "God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost but may have eternal life." Although God is our judge, he is also a loving Father who wishes all his children to be with him one day in Heaven. This reading reminds us that we are all loved by God and should therefore love one another.

Scripture Reflection.

Today we celebrate perhaps one of the greatest mysteries of our faith, namely, the mystery of the Holy Trinity. God is Father, Son and Holy Spirit. As we celebrate this feast, we must remember that any of us who pray each day will always use the names of the Trinity to begin and end our prayers. We celebrate the fact that we, as God's people here on earth, are caught up in the love that exists between the Father, the Son, and the Holy Spirit.

As we reflect on our world, we recognize the unrest, the disunity and the fragmented state of our planet. The Trinity stands for everything that is opposite – for love, peace, understanding, tolerance, welcome. As we pray for our world, let us pray that the Holy Trinity will unite us together in the most wonderful love of God.

Queenscourt Hospice: As you will be aware Queenscourt is facing enormous financial difficulties at this time and needs lots of support. We must do everything we can to keep the Hospice open and find out new ways in which we can help them in the future. If you require any further information or wish to volunteer for Sacred Heart & St. John Stone Parish, then please contact Louise at lcharnock@btinternet.com

Pastoral Plan: On Wednesday this week all the parishes in the deanery were represented at a meeting concerning the Pastoral Plan process. Very soon the archdiocese are going to prepare a leaflet of proposals that will be distributed to everyone at Mass as part of the wider consultation process. Hopefully this will take place on the weekend of **June 13th & 14th**. We do encourage you to take one of the leaflets home and reflect upon it. The leaflet may only have three different proposals, but if any of you have any other ones, then you will be able to share them by sending in your response to the leaflet and, hopefully sometime in September, sharing them at the next Open Meeting in the Parish – we hope to sort out a date for this as soon as we can. In the meantime, please pray that the Pastoral Plan process will help us in finding a way forward, in a future when there will be fewer people and priests.

Friday Afternoon Music: Many thanks to everyone who came along to the Music Afternoon in the Parish Centre at St. John Stone last Friday. Thanks especially to those who organized it, to the musicians and singers, and those of you who joined in singing. At the Music Afternoon we had a raffle and a Retiring Collection for Queenscourt Hospice. We will let you know how much we raised next week. But thanks for your generosity. Please let us know if you would like another Music Afternoon sometime soon.



Gardening group: at St John Stone **Thursday 18th June** 10:30am. All volunteer's welcome.

Octave Choir: You are warmly invited to a concert in Sacred Heart Church, **Sunday June 7th** at 2:30pm entitled "A World Of Music". Tickets are £7 each and can be bought from Cath Barry or emailing nymanman@yahoo.co.uk Money raised will go towards the Compassionate Acts initiative which was set up in Southport a few years ago.

Parish Vision Team: Recently the Parish Vision Team held a Retreat Day to look at the way we work together. One the important items that the group are considering at the moment is the Pastoral Plan initiative, which is taking place throughout all three of the Sefton Deaneries at the moment. We have been asked to consider a few different proposals for the "way ahead" for our Deanery in the light of fewer people and priests. We are hoping that a document will be ready to be produced for the whole Deanery in the next few weeks.

Michael Collins: The family of Michael Collins would like to thank everyone for their prayers and good wishes, following Michael's death a couple of weeks ago. Michael wished his body to be donated to medical research, which means that he will not be having a burial at this time. However, on **Saturday June 13th** at 12noon in Sacred Heart Church, we will be having a special Thanksgiving Mass for Michael. All are welcome.

SVP Appeal: SVP would like to thank parishioners for their ongoing support whether that be via Direct Debit contributions, donations via SVP boxes. The next meeting will be in the Red Room on **Wednesday June 10th at 7.30pm**. Once again, we are asking for your support for Queenscourt Hospice, which as you all know is in danger of being closed due to financial constraints. SVP will be holding a raffle; all proceeds will be donated to Queenscourt. **We are appealing for raffle prize donations** which can be given to SVP members at the back of church following weekend masses. SVP raffle tickets will be on sale after masses beginning weekend of 20/21 June 2026, tickets drawn **22nd August 2026**

Digging Deeper: The next gathering of the Digging Deeper series will take place on **June 15th** at 7.00pm at the Salvation Army Worship Centre on Shakespeare Street in Southport. The next talk will be presented by our own Prof. John Sullivan, and the theme is "Pentecost and God's energy in and through us. From imitation to improvisation in us."

Irenaeus Newsletter May edition can be read here [b149ef_6285ce873bb64d828589cde95fcaec42.pdf](#) (CTRL & Ent)

Two Weekly total Income £980.21 which includes:	
Plate/Envelope Offertory	£380.21
Standing Orders (weekly & pro-rated)	£265.50
Rent	£225.00
Stripends	£110.00

Thank You!